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Exploring resilience among adolescents: analysis of three case vignettes

Vaidehi Chilwarwar and Rajani Konantambigi
Tata Institute of Social Sciences, India

This paper explores the life journey of adolescents to comprehend the construct of resilience. The phenomenon of resilience was explored from three adolescents residing at a socially and economically deprived neighborhood of Janta Nagar, in Mumbai, India. A phenomenological approach was adopted to understand resilience as a subjective experience shaped by a shared identity of deprived adolescents. Purposive and snowball sampling was used to select participants. Focused group discussions were held to investigate the risk conditions among adolescents of the community. In-depth interviews were conducted to collect data that elicited information on the subjective positive outcomes. The narratives of one female and two

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