Mental Health and Human Resilience

March 07-08, 2019 | Barcelona, Spain

6 W L J P D   W R Z D U G V   P H Q W D O   L O O Q H V V   D P R Q J   6 D X G L   O D \ S H R S O H

Abrar Almajed
King Saud University, Saudi Arabia

Introduction: Although healthcare delivery system in Saudi can be considered as one of the best in the region, t eld of mental health is still sadly underestimated. It appears that when people su er from mental health problems they seek assistances from healers who use usually exorcism for driving out demons, envy and witchcra , so of them might be on reciting Quran, as such may lead to developing negative attitudes towards mental illnes therefore stigma is there, based on all. However, destigmatization has increasingly become a national demand improving the eld of mental health services and facilitating the way for getting better mental health preventively and therapeutically. is project aims at ascertaining the amount of stigma in Saudi Arabia and the way it can be well understood.

Methods: An online questionnaire will be distributed to a sample of ve hundred male and female individuals. Designed to assess the amount of stigma towards mental ill will be utilized. It includes a demographical sheet a themes related to the etiologic of mental illness, the way it could be treated and lastly the social distance. e respon of participants on the questionnaire related to the social distance follows Likert-type "strongly agree up to strong disagree".

Statistical analysis: SPSS So ware package will be used for data analysis through appropriate certain statisti formulas linked to hypothetical assumptions.

Outcomes:a l m a j e d a b r a r @ g m a i l . c o m

International Journal of Emergency Mental
Health and Human Resilience
ISSN: 1522-4821

Mental Health 2019
March 07-08, 2019

Volume 21

Page 63