

5th International Conference on

Mental Health and Human Resilience

March 07-08, 2019 | Barcelona, Spain

5HGXFWRQ RI IDOVH FRGH EOXH DODUP LQ ,QVWLWXWH RI OHQ

Lim Xin Jie
Institute of Mental Health, Singapore

Background: Evidence has consistently shown that patients with mental illness have greater physical health morbidity and mortality compare to general population. It is a unique for patient with mental illnesses partly due to symptoms of illness that generate unhealthy lifestyle, side effect of medications and inadequate physical healthcare specialist psychiatry setting. In view of that, a true code blue alarm system announced in Mental Hospital is crucial for a team of providers to rush to location and begin resuscitative efforts to reduce the mortality in Mental Hospital.

Methods:We traced all the code blue messages that sent to oncall team daily and investigated on false alarms. Teams included doctors, nurses and IT system officers involved to discuss further intervention and improve the code blue system.

Results:Most of code blue alarm was accidentally triggered in view of the code blue alarm was too similar to electric switch. Intervention like education to staffs and install a transparent cover to cover code blue alarm. Data collected after the intervention shown reduction of false code blue alarms.

Conclusions:True code blue alarm is a critical alarm that help to activate a team of provider to provide essential resuscitative efforts to reduce the morbidity and mortality in Mental Health Hospital. Interventions implemented also help in content and accuracy of the true code blue situation to alert all the staff nurses in the ward to respond promptly while waiting for team provider to improve the survival rate.

[LQMLH OLP#PRKK FR