

Mental Health and Human Resilience

The impact of vicarious trauma on the emergency psychiatric responder: Simple systematic approaches to self-care

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SAMHSA reports researchers estimate 30 percent of first responders develop behavioral health conditions that can include depression and post-traumatic stress disorder. That's compared to 20 percent in the general population. Crisis responders are often the first to respond to phone calls and situations in their local communities that require hasty and clinical decision-making. De-escalating mental health crisis, involving children and adults who are experiencing a mental illness or substance use