

August 13-14, 2018
Madrid, Spain

The present study explored the effectiveness of the rational emotive behavior therapy in disputing the irrational beliefs of persons with substance use disorder. It was hypothesized that there is likely a negative relationship between rational emotive behavior therapy exposures and the irrational beliefs in person with substance use disorder. Repeated measure research design was employed. Purposive sampling was used to draw a sample of 12 patients who had undergone treatment for substance use disorder from addiction ward. PIMH and Fountain House, Lahore (demographic information sheet, history take examination), and MSE were used to rule out others psychiatric illness. After the careful examination, diagnosis of the substance disorders irrational beliefs was measured by shortened general attitude

and belief scale. The new and personal invention of the study is that pictorial presentation of REBT techniques gives a better