## Modern day addiction: Cybertechnology and social media

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Well we live in a dynamic world of Social Media. e world is divided into two Paradoxes, Real world and Online, which is now declared a domain. We know the advantages of Social Media, how connected we are, how easy it is to communicate however what we disregard is the unknown dark realm of the Social Media with a dynamic interface which is very engaging and addictive in nature. With the expansion of Social Media and advent Of Smart phones, our universe is in our hands and not and not social Media and advent Of Smart phones.