

## Study of risk factors for chronic diseases among specially challenged people

Fariha Kause<sup>1</sup>, Anshoo Agarwa<sup>2</sup> and Madiha Youna<sup>3</sup>

<sup>1</sup>University of Dundee, UK

<sup>2</sup>Northern Border University, Saudi Arabia

<sup>3</sup>Riphah International University, Pakistan

**Introduction:** Our community has been very supportive in making the life of specially challenged people better, but today we are facing another health complication among them, which is obesity. Obesity has become one of the major risk factors for chronic diseases later in life. It is a reversible predisposing factor for several debilitating diseases including atherosclerosis, hypertension and diabetes mellitus. So our main goal is to raise awareness among the special care centers and to educate parents and teachers about the risks of obesity and associated disorders and measures to be taken to improve their lifestyle and prevent the complications which may occur in the future in such individuals.

**Aims:**

**Notes:**