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## Rose hip in treatment of non-alcoholic fatty liver disease (NAFLD)

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**N**on-alcoholic fatty liver disease (NAFLD) is one of the most common liver diseases in Iran. The disorder is being recognized increasingly in the uniformly obese and non-obese people. However, the lack of specific reversal agents has made the management of (NAFLD). Rose hip has been used traditionally to treat a range of conditions including diabetes based on anti-insulin effect of rosehip. This study on 25 patients illustrates the role of rosehip in improving patient Non-alcoholic fatty liver disease while highlighting the importance of information and education about the availability and appropriate use of this herb in treatment of fatty liver.

### Biography

Hadi Sabiri is an Assistant Professor at the Research Center (BASIR), Neuroscience Institute, Tehran University of Medical Sciences (2016 to date). He has worked as a Research Director at the Research Center (BASIR), Neuroscience Institute, Tehran University of Medical Sciences (2006-2015) and Research Director and Metabolic Research Center Tehran University of Medical Sciences (2005-2007). He has completed his PhD (2011) in Neuroscience from Tehran University of Medical Sciences, Tehran and MD (2000) from Tabriz University of Medical Sciences, Tabriz, Iran.

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