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## Metabolic surgery in uncontrolled and poorly controlled type 2 diabetes mellitus

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Every bariatric surgical procedure currently being practised globally, also has metabolic advantages to varying extents according to the procedure, and generally depends on the extent of malabsorption induced by the procedure. Thus, BPD-DS procedure has shown the best remission and resolution rate among all the bariatric procedures. But the nutritional and other complications have prevented it from becoming a gold-standard procedure. The June 2016 issue of diabetes care has listed a set of 32 recommendations related to the use of metabolic surgery for treatment of type 2 diabetes. These are supported by high quality evidence, including RCTs and systematic reviews/meta-analyses that show dramatic and durable improvement in T2DM. The biologic rationale is based on the recognition of an important role of the gut in metabolic regulation and directly on glucose homeostasis. Thus, bariatric procedures are effective in diabetes mellitus.