

Public Health, Nutrition & Epidemiology

PCOS-Polycystic Ovarian Syndrome is a metabolic disorder that affects the hormones and endocrine system. This disorder affects so many young girls and women, it is said that 1 in 10 women of childbearing age have it and may not know it. Symptoms range from infertility, being overweight, cardiovascular issues, acne, unwanted hair, etc. Many specialized medical providers can treat PCOS patients but the beginning starts with ultrasound imaging and lab work for diagnosis. Ultrasound provides images of the ovaries to understand if cysts are present.

Keshena has a Bachelor's of Science in Radiology Technology. She has worked as a Radiology Technologist for over 7 years. She has experience in a variety of positions including leadership. She currently works as a Clinical Education Specialist for Siemens Healthineers. She is also a respected independent author