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Blood hypertension in the center of adult, adults "virgin del valle" of the city of Santiago del Estero, Argentina

Introduction: The intention of this work was to obtain information referred to patients suffering from arterial hypertension, and the impact of programmed physical activity, in the hypertensive patients of the Day Center for Older Adults.

Objectives: General: Describe the hypertensive population and inquire about physical activity and its impact on blood pressure values.

Specific: