

5<sup>th</sup> International Conference and Expo on

# Novel Physiotherapies

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In 2017 your patient demographic's common denominator is not the age, technology induces symptomatology, silently robbing one's health and wellness, a precursor or degenerative arthritis. Prolonged Texting, Computer use, Standing, Sitting or Driving is causing a rise in loss of time from work, increase pain, and accelerating rate of Degenerative Spinal Joint disease. Learn the clinical presentation, evaluation, diagnosis and treatment of an unhealthy biomechanics and its impact on muscle firing. The compound effect of Gait interruption and Poor Posture in most recent sEMG studies, can impact the response of the body in the rate of muscle fatigue, balance and overall response to physical rehabilitation, biomechanics change and alter the course of daily wear and tear on the joints, discs and muscular system. A different approach to patient's care and the impact on the biomechanics Kinetic chain and its functional expression from Feet to Head. Learn the basic steps of patient consultation, bio-mechanical examination, and incorporation of a conservative treatment plan in reducing the underlying cause of spinal symptoms and long term degenerative changes. This workshop, is designed to be informative and usable in clinical practice for Orthopaedic and Sports Physicians, Physical therapists, Podiatrists, Chiropractors, Occupational therapists, Professional Trainers. Note links are available to attending participants.

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