

**Statement of the problem:** Care of frail and dependent older adults is a major challenge for health care systems. e study objective was to test the e cacy of providing integrated care at home to reduce unnecessary hospitalizations, emergency room visits, institutionalization, and mortality in community dwelling population. A prospective controlled trial was conducted, in real-life clinical practice settings, in a suburban region in Geneva, Switzerland, served by two home visiting nursing service centers. ree hundred and one community-dwelling frail and dependent people over 60 years old were allocated to previously randomized nursing teams into Control (N=179) and Intervention (N=122) groups: Controls received usual care by their primary care physician and home visiting nursing services, the Intervention group received an additional home evaluation by a community geriatrics unit with access to a call service and coordinated follow-up. Recruitment began in July 2009, goals were obtained in July 2012, and outcomes assessed until December 2012. Length of follow-up ranged from 5 to 41 months (mean 16.3). Primary outcome measure was the number of hospitalizations. Secondary outcomes were reasons for hospitalizations, the number and reason of emergency room visits, institutionalization, death, and place of death.

**Results:** e number of hospitalizations did not di er between groups however, the intervention led to lower cumulative incidence for the rst hospitalization a er the rst year of follow-up. Secondary outcomes showed that the intervention group had less frequent unnecessary hospitalizations, lower incidence for the rst emergency room visit, and death occurred more frequently at home. No signi cant di erences were found for institutionalization and mortality.

**Conclusion:** Integrated care that included a home visiting multidisciplinary geriatric team signicantly reduced unnecessary hospitalizations, emergency room visits and allowed more patients to die at home. It is an ecceive tool to improve coordination and access to care for frail and dependent older adults.

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