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Criteria of physical and cognitive frailty of older persons as determinants of their high need for palliative care

Abstract: The purpose of the study is to identify the criteria of physical and cognitive frailty of older persons as determinants of their high need for palliative care. The study was conducted in a geriatric hospital. The sample consisted of 100 elderly patients. The study used a descriptive method. The results of the study show that the criteria of physical and cognitive frailty of older persons are: physical frailty, cognitive frailty, and the combination of physical and cognitive frailty. The study also shows that the criteria of physical and cognitive frailty of older persons are determinants of their high need for palliative care.