

The effects of aroma therapy on agitation in patients with dementia: A systematic review and meta-analysis

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The aim of this study was to systematically review the literature to explore the effectiveness of aromatherapy for treating agitation in patients with dementia. The EMBASE, CINAHL, Ovid-MEDLINE, PubMed, KMBase, KoreaMed, National Assembly Library, RISS, KISS, and DBpia databases were searched until November 2017 using the search terms dementia/Alzheimer disease/cognition disorders, aroma/aromatherapy, and lavender/Melissa/lemon oil. Of the 419 unique studies identified in a systematic search, the full texts of 13 studies meeting the criteria for inclusion were reviewed systematically and