

4<sup>th</sup> International Conference on

# Palliative Care, Medicine and Hospice Nursing

August 27-28, 2018 | Boston, USA

---

## Love your life to death: Exploring the 7 take aways so you can live well, grieve well, die well and teach others to do the same



### 7 Take-Aways

1. **Live Well:** Focus on quality of life and patient-centered care.

2. **Grieve Well:** Support patients and families through the grieving process.

3. **Die Well:** Ensure a peaceful and dignified end-of-life experience.

4. **Teach Others:** Share knowledge and experiences to improve palliative care practice.

5. **Collaborate:** Work with a multidisciplinary team to provide comprehensive care.

6. **Communicate:** Open and honest communication is key to successful outcomes.

7. **Self-Care:** Caregivers must take care of themselves to provide the best care.

## Notes: