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Music Therapy in hospice and palliative care

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Statement of the Problem: Music has always been considered a therapeutic element for the human being. There is a wide range of scientific literature on this subject, and music therapy is a recognized discipline. In general, we can say that music therapy is a non-verbal psychotherapeutic method that uses musical interaction as a means of communication and expression. The purpose of the therapy is to help people with psychophysical illnesses, as well as social disease, to develop relationships and facilitate the resolution of problems that can't be dealt with by verbalization. The purpose of the present study is to present a music therapy experience in the context of hospice, starting from the questions: Are there any significant benefits in combining music therapy with standard care? Which are the indicators that allow to identify them? A reflection has been made, focused on

Notes: