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Role of nurse practitioners: Facilitators and barriers to addressing palliative care in a primary care setting

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Palliative care focuses on optimizing the quality of life of patients with life-threatening illnesses by helping alleviate pain, treating the symptoms of patients with chronic illnesses, and by providing psychosocial and spiritual support (Anderson & Puntillo, 2017). Palliative care can be initiated at any stage of a serious illness while continuing the treatment; it is a comprehensive patient-centered