

Hospice & Palliative Care

TREATING PALLIATIVE CARE PATIENTS IN PAIN WITH THE BODY TAMBURA A PROSPECTIVE CASE STUDY AT ST. JOSEPH'S HOSPICE FOR DYING DESTITUTE IN DINDIGUL/ SOUTH INDIA

A prospective case study was carried out with patients of St. Joseph's hospice for Dying destitute in Dindigul/Southindia. Patients were treated with a treatment at baseline and on the next day. Outcomes were measured quantitatively by using a numeric rating scale (0-10, 10 maximum intensity of pain felt) at baseline, directly after treatment and at the day after the treatment to determine the description of the intensity of the pain.

Results: Ten patients (5 women and 5 men) participated in the study. The majority described the therapy as a pleasant experience. The pain intensity at baseline was reduced from $8.3 \pm SD 1.16$ to 4.6 ± 1.52 at day one and from 4.6 ± 2.07 to 2.4 ± 1.58 at day two.

Conclusion: