

JOINT EVENT

12th International Conferences on **Childhood Obesity and Nutrition**
&
3rd World Congress on **Diabetes and Obesity**

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Association of post-partum depression and child health problems

Fatemeh Abdollahi
Mazandaran University of Medical Sciences, Iran

There is evidence of the harmful effects of post-partum depression (PPD) on children's health in developed nations. There is no long-term follow-up study on this relationship in a developing nation. This study aimed to investigate the health problems of four-year-old children born from post-partum depressed women. In a longitudinal study design (2009), 1,801 pregnant women attending primary health centers of Mazandaran province provided self-reports of depression from two to twelve postpartum weeks using Edinburgh Postnatal Depression Scale (EPDS). Approximately four years later, the women experiencing PPD and twice as the ones who did not experienced the

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