

Obesity and pharmacotherapy: Looking ahead for chronic weight management and weight regain prevention

Objectives:

Why use pharmacotherapy in obesity treatment?

Defining long term strategies in managing obesity treatment.

Understanding the significance of clinically significant weight loss and prevention of weight regain.

Understanding the indications and usage of pharmacotherapy in chronic weight management.

Obesity is a disease of epidemic proportions affecting individuals regardless of race, ethnicity, gender, or age. Obesity is associated with over 200 comorbidities and associated health conditions. Previous attempts at treating weight and its associated disease states have resulted in failure with diet and exercise alone.

We will review the indications, utilization, usage and possible side effects of the different anti-obesity medications (AOM) currently available for treatment. We will also review the different pathways that pharmacotherapy can target for specific patient populations. We will also explore how to use combination therapies with diet, exercise and possible pharmacotherapy and/or weight loss surgical options.

Biography

Amy Articolo earned her Bachelor of Arts degree from the University of Pennsylvania in 1993 where she was awarded cum laude honors upon graduation. She went on to earn her Doctorate of Osteopathy degree from Philadelphia College of Osteopathic Medicine in 1998. She then completed her internship and residency at The University of Medicine and Dentistry of NJ in Obstetrics and Gynaecology from 1998-2003, where she was elected Chief Intern and Chief Resident during her term. She was awarded the Ralph J. Onofrio Surgical Award upon graduation. She entered private practice in Obstetrics and Gynaecology, where she worked

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