

Obesity

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High prevalence of overweight and obesity in Asians and Arabs living in United Arab Emirates: UAEDIAB study

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Background: Obesity is a major public health problem worldwide and represents a significant risk factor for non-communicable diseases (NCD) including diabetes and heart diseases. The prevalence of overweight and obesity is increasing in both males and females in countries of the Gulf Cooperation Council (GCC) including the UAE. This paper describes obesity prevalence and related NCD in expatriates living in UAE during 2013/2014.
