

7th Obesity & Endocrinology Specialists Congress

October 10-12, 2016 Manchester, UK



Orange juice, as a natural source of bioactive compounds, protects against cardiometabolic risks in overweight and obese subjects

Previous studies have associated orange juice consumption with prevention of oxidative stress and systemic inflammation, which may improve insulin sensitivity and reduce the risk of diabetes and cardiovascular disease. These effects are attributed to the bioactive compounds in orange juice, such as flavonoids, carotenoids and vitamin C, which protect the body against

Notes: