

# PAIN RESEARCH AND MANAGEMENT

## A 31-year-old woman with reflex sympathetic dystrophy syndrome (CRPS): Case report

Dalamagka Maria  
General Hospital of Edessa, Greece

A 31-year-old woman with a history of trauma to her right hand presented with severe, chronic pain in her right hand and forearm. She had a history of anxiety and depression. She was treated with various analgesics and antidepressants, but her pain remained severe. She was eventually diagnosed with reflex sympathetic dystrophy syndrome (CRPS) type I. She was treated with a combination of physical therapy, occupational therapy, and medications, including gabapentin, pregabalin, and duloxetine. Her pain improved significantly over the course of her treatment.