5th International Conference and Exhibition on

Pain Research And Managemer

October 05-06, 2017 London, UK

& OLQLFDO EHVW SUDFWLFHV RI FKURQLF SDLQ PDQDJHPHQW E

Hassan Hajtaleband Hassan Khani lurigh ¹Hajtaleb Medical Complex of Alternative and Complementary Medicine, Iran ²Mazandaran University of Medical Sciences, Iran

Statement of the Probleme term chronic pain has been used to describe intractable pain beyond the cyclical recovery that is expected to be taking. Chronic pain and their physical and psychological disability associated can impose signi cant costs on economic resources.

Methodology & eoretical Orientation: is is a case series of clinical best practices as historical study conducted on 200 patients with chronic pain referred to the clinical center in Bojnord. Guided by an acquaintance, the patients were referred to Hajtaleb Medical Complex of Alternative and Complementary Medicine for treatment. Also, electronic literature searches were carried out in Medline, Ovid, EMBASE, CINHAL, Web of Science, the Cochrane Library, and four Iranian medical databases (ISC, SID, Magiran, Iranmedex) through to October 2016 without restrictions of time. e search was limited to studies published on humans and in the English or Persian language.

Findings: A er entering the traditional medicine clinic, the patients were under the control of health and nutrition. Pharmaceutical measures of this patient were according to disease temperament and conditions including medicinal herbs combination drugs. e manual measures were utilized including full back cupping every night until the end of therapy and leech therapy with six medium-to- ne-size leeches in 10 sessions once every three days. e chronic pain healed completely, the patient's physical and mental states improved a er 40 days of treatment.

Conclusion & Signi cance: Given the patients healing process, it seems that combining the modern and Iranian traditional medicine as 'Iranian E ective Medicine' can treat most of the common diseases especially with chronic pain, and it is essentia to perform a wide range of assessments and studies in di erent diseases based on the teachings of medicine.

hajtalebihasan@gmail.com