

Pain Research And Management

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clinical trial

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Background: Chronic musculoskeletal pain is often associated with comorbidity, long-term disability and reduced quality of life. Current treatments only modestly reduce pain, disability, and distress. Homeopathy is increasingly used in pain conditions in general practice but scientific evidence is lacking. We therefore designed a clinical trial in a way that would not change the practice pattern of homeopathic physicians. The purpose of the study was to explore effects of an individualised homeopathy treatment on pain symptoms and quality of life of patients with chronic musculoskeletal pain.

Method: