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Statement of the problem: e estimates for global levels of overweight and obesity (BMI  $\geq 25\text{kg/m}^2$ ), suggest that over 4 billion people may be affected by 2035, compared with over 2.6 billion in 2020. e rising prevalence of obesity is expected to be steepest among children and adolescents, rising from 10% to 20% of the world's population during the period 2020 to 2035, and rising from 8% to 18% of the world's girls. (World Obesity Atlas 2023).

Methodology