

Parental intelligence - Actualization within parent's daily practices

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According to Hollman, (2015) parental intelligence is what parents use in their attempt to comprehend their child's mind. Moreover, it is characterized by discovering meaning in the child's behavior, the attempt to understand the underlying features of the behavior, and how to clarify that behavior (Hollman, 2015). In contrast to this definition, we suggest that parental intelligence emerges with a parent's awareness to his own self, his history, background, experience, and aspiration which underlie his decision making process in his behavior with and in relation to his children (Ben Salmon and Erez, 2021). According to our previous publication, parental intelligence is a conceptual abstract entity which has structure and mechanism. It is therefore directs the parent's daily behavior as well as his decision making process while facing challenges in his parenthood. As with any conceptual entity we can only observe its concrete attributes which are evident in the behavior of the parent in relation to his children as well as with his parents (Ben Salmon and Erez, 2021). In addition, we can observe the impact of parental intelligence implications in a child's reactions towards the parent's practices. Based on our practical experience as parental therapists, we conclude that parents usually perceive themselves as reactive in nature.

Nevertheless, parents must acknowledge their primal position as mature adults, who are responsible for the setting in which the child is fostered. Therefore, we suggest an alternative perspective, which relates to children as reactive to their parents. Thus, adjusting the order of cause and effect in relation to parent-child relationships. In this article, we suggest elaboration upon the different characteristics of parental intelligence and their reflections in parent's practices. In addition this review will suggest how parental intelligence can be extended.

Biography

Anat serves as the chairman of the Israeli Parental Counseling and Family Counseling Association. Over the past three years, together with Ofer Erez, Anat has broadcast a weekly radio show and has daily live broadcasts on social media networks, discussing mental health topics. Anat has published several academic publications in the last year and is involved in ongoing research of her practice. She serves on the editorial board of "Clinical images and case reports journal". Anat has more than 16 years of practical experience working with children, adolescents and parents. During her undergraduate studies, she worked as a therapist in the Welfare Ministry and served as a group therapist in a mental health hospital in Ottawa, Canada. Anat is the co-manager of Kelim Shiluvim L.T.D (established in 2006) that specializes in diagnosis and therapy and for individuals and families in both clinical and home settings and has treated hundreds of couples and families.

Nutrition challenges of patients with Alzheimer's disease and related dementias: A qualitative study from the perspective of caretakers in a Mental National Referral Hospital

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Introduction: The burden of Alzheimer's dementia greatly impacts patients and their immediate families. Studies on the perspective of caretakers regarding nutrition in patients with Alzheimer's disease (AD) dementia are lacking. Yet this information is needed to guide clinical care for patients with dementia. The study explored caretakers' perspective on nutritional challenges faced by patients with Alzheimer's disease and related Dementias at Butabika National Referral Hospital.

Methods: We conducted 20 in-depth interviews and 2 focus group discussions with 20 health workers and 16 caregivers, respectively. The focus group discussions and in-depth interviews were audio-recorded and transcribed. Analysis was conducted using a thematic, constant comparative approach with an emphasis on dominant themes.

Results: Participants had a mean age of 37 in the range (27–44) years. Seventeen (47%) of them were males. Their duration of Care for Dementia to patients was in the range (2–7) years. The highest level of education was a bachelor's degree and the primary level was the lowest. Thirteen (35%) were married and twenty-three (65%) were not, and they either survived on salaries or wages as a source of income. The key emerging issues were 1) hindrances to nutritional care in dementia, 2). Factors leading to inadequate nutrition among people with dementia and 3). Recommendations to improve nutrition needs.

Conclusion: Caretakers experience challenges ranging from psychotic manifestations of patients to hindrances in provision of nutritional care. A better understanding of their experience is essential for development of interventions to help family members, health workers and other caretakers promote good nutrition in patients with Alzheimer's dementia. A clear referral system should be established to prevent overcrowding of patients at a mental national referral hospital, ensuring adequate timely nutritional support to those admitted. Capacity building programs should continue addressing the knowledge gap in nutrition of patients with Alzheimer's dementia.

Biography

Edwin Kigozi is an intern Nurse who has just completed a Bachelors' Degree in Nursing at Makerere University. He has been a Vibrant Students' Leader, Peer Mentor, as well as a Research Mentee under the Health Education Professionals' Initiative(HEPI) at Makerere University College of Health Sciences, Uganda. He recently served as President Makerere University Nursing Students' Association(MUNSA). He is the current Makerere University Ambassador for Patient Centered Care Movement Africa,

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Lessons learnt from COVID 19: The way forward

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Next step is your next decision. If you are ready, nobody can stop you. Indeed, life has many surprises. The reality is clear, now, COVID 19, has been a great life teacher. The root cause and our existence, the basic unit of life, the cell life cycle revised. Tiny as a virus, its life cycle mutates several million times and it is the survival of the fittest. Vaccines, sanitary measures, social and physical distancing, hand washing practices and face mask have been adopted into daily living now. Several levels of interventions emerged. Individuals showed empathy, humanity, togetherness, in times of stress, distress, mental challenges. At group levels, setting up of public health units, community medicines practices, education in public place, law re-enforcement. Redeployment of workforce and resources. At country level, sharing of resources with those in need, food scarcity, medicines and basic human needs addressed, donations of vaccines. Country inter-collaborations and understanding. Sharing of expertise, knowledge and know-how in globalised world, these exchanges between neighbouring countries enabling research and development, emerging medicines, home remedies have reduced uncertainties during world war three. Given time and opportunities, COVID 19 and its variants, taught us to re-adapt and survive in our own world. Businesses evolved in a new dimension called e-commerce popularised due to circumstances

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Limitations of Adulhelm for treatment of mild cognitive impairment of Alzheimer's Disease (AD), opens new avenues for other promising treatment candidates

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Therapeutic Ketosis and the broad field of applications for the ketogenic diet: Ketone ester applications & clinical updates

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It has been recently shown that nutritional ketosis is effective against seizure disorders and various acute/chronic neurological disorders. Physiologically, glucose is the primary metabolic fuel for cells. However, many neurodegenerative disorders have been associated with impaired glucose transport/metabolism and with

Pharmacological potential of NK1 receptor antagonism in bilateral common carotid artery occlusion induced experimental vascular dementia

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Objectives: Substance P has been documented to attenuate the activity of PPAR- and is involved in neurogenic inflammation. Thus, the present study has been designed to investigate: effect of aprepitant, NK1 receptor antagonist, in vascular dementia (VaD) and downstream possible involvement of PPAR- shall also be investigated in bilateral carotid artery occlusion (BCCAO) induced vascular dementia.

Methods: BCCAO was done in male wistar rats to induce VaD. VaD was assessed in terms of impairment of learning and memory (Morris water maze (MWM) & Object recognition test (ORT)), increased acetylcholinesterase (AChE) activity, oxidative stress (TBARS, Nitrite level), tumor necrosis factor-alpha (TNF-) level and decreased reduced glutathione (GSH) level.

Key findings: Administration of aprepitant for 2 weeks significantly improved learning and memory in terms of mean escape latency time & time spent in target quadrant in MWM and time spent to explore objects in ORT in demented rats. Aprepitant also reduced AChE activity, TBARS, TNF- , nitrite and increased GSH level. Administration of BADGE (PPAR- antagonist) (30mg/kg/day, i.p.) with aprepitant (40mg/kg/day, i.p.) significantly reduced the protective effect of aprepitant that shows protective effect of aprepitant is PPAR- dependent.

Conclusion: Thus, it can be concluded that aprepitant attenuates vascular dementia in PPAR- dependent manner.

Biography

Saurabh Sharma is working as Head of School at Pharmaceutical Sciences, CT University, and Ludhiana (Punjab) India. He has to his credit teaching and research experience in Basic and Clinical Pharmacology. He has 3 Patents, authored 55 International research papers and 2 books with particular emphasis on investigation of molecular interventions on vascular dysfunction in Pathobiology of Cardiac, Brain and Pulmonary circulations. He has previously served in ISF College of Pharmacy

