

Effect of *Foeniculum vulgare* on menstruation-related symptoms of women

In recent years, there has been a trend to use herbal medicine to treat many diseases associated with menstruation because it has fewer side effects and is more convenient compared to medical treatments. Fennel is a known popular method for women especially in management of menstruation-related symptoms. The purpose of this review paper was to evaluate the effects of *Foeniculum vulgare* extracts in common menstruation-related symptoms. In the