
Individual and social stigma perception in Italian Mental Health Nurses

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Background: Recent literature identified different stigma ideas such as perceived stigma, self-stigma, common places, aggressions, support, social awareness in empathy in psychiatric disorders. Mental healthcare professionals, especially nurses, experienced stigma in their working activities. The present study purposed to analyze the incidence in individual and social stigma in Italian mental health nurses.

Methods: An online questionnaire was administered during August 2021, investigating both individual and social stigma.

Results: A total of 104 Italian mental health nurses were recruited and most of them registered high levels in individual and social stigma perceptions.

Conclusions: High individual and social stigma were registered and numerous involvements aiming to moderate it will be needed.

Key words: Individual Stigma; Mental Health; Nursing; Social Stigma.

Biography

Elsa Vitale is currently Registered Nurse at the Health Local Company of Bari, Italy and also contract professor for the University of Bari, Italy, for the degree courses in Nursing and Nursing and Midwifery Sciences. She had the opportunity to publish and review numerous manuscripts related to holistic nursing, leadership, gerontology, education, orthopedic, immunological and self-care. She frequently is invited to address nurses encouraging them to follow in Florence Nightingale's footsteps. She publishes most works in several nursing fields.