

5<sup>th</sup> International Conference on

# OBESITY AND DIET IMBALANCE

December 08, 2022 | Webinar

# Scientif c Tracks & Abstracts

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The contribution of mindful eating interventions on food behaviour, overweight and obese populations

Maria Mason

Journal of Obesity & Weight Loss Therapy Volume: 12

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# Energy restriction dieting and weight loss: Comparing Intermittent energy restriction versus and normal weight subject, review of evidence

Dr. Ling Sien Ngan

Statement of the Problem: Uà^\*i^] @}å^{&& #a oo |i-^\*c^|^ &i\*^\*e^\*-\\*i &&|}^ cia & #a i & #a

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