

Study to assess the effectiveness of planned health teaching programme regarding kangaroo mother care on knowledge, practice and attitude of mothers delivered in selected hospitals of Pune city

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Nursing is a profession that is concerned with the health and well-being of individuals, families, and communities. It involves the assessment, diagnosis, and implementation of nursing care plans to promote health and prevent illness. The role of the nurse is to provide care and support to patients and to educate them on health and safety issues.

Objectives

The objectives of this study are to assess the effectiveness of a planned health teaching programme regarding kangaroo mother care on the knowledge, practice, and attitude of mothers delivered in selected hospitals of Pune city.

1. To assess the knowledge of kangaroo mother care among mothers delivered in selected hospitals of Pune city.
2. To assess the practice of kangaroo mother care among mothers delivered in selected hospitals of Pune city.
3. To assess the attitude of kangaroo mother care among mothers delivered in selected hospitals of Pune city.

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