# World Summit on OBESITY AND WEIGHT MANAGEMENT

June 27, 2022 | Webinar

Nutrition information seeking behaviour: A study of adult obese patients of the Fatima Memorial Hospital, Lahore

Zia Abeeda<sup>1</sup> and Anwar Mumtaz Ali<sup>2</sup>

Biography

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#### Fertility and insulin resistance treatment

Giuseppe Gullo and Gaspare Cucinella

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#### **Energy alterations in patients with Obesity**

**Huang Wei Ling** 

excessive weight gain. Purpose of this study is to demonstrate that obesity patients have internal fve massive organs defcient in energy (Kidney, Liver, Heart, Spleen, Lungs) responsible for the production of vital energy to keep out health in a balance state. When imbalanced, there is accumulation of Phlegm (Spleen defciency) with constipation (Blood defciency) and retention of liquid due to Kidney defciency and Qi defciency (abnormal sweeting during the day) and causing

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## Secondary school male student's perception towards their Weight, Almethnab Town, Qassim, Saudi Arabia

Omer A. AsSaigal Public Health Specialist, MPH student, MOH Saudi Arabia

We surveyed male secondary school students in Almethnab town in Qassim using a self-administered questionnaire and weighing/height scale. All of the four male secondary schools were targeted. The calculated sample size was 256 students. A stratifed cluster sampling technique was used to select research participants. Body mass index (BMI) was calculated and interpreted using web-based CDC childhood and adolescent BMI calculator. Weight status perception was assessed by comparing students' opinions about their weight against BMI percentile status.

Out of 363 selected students, all of the available 270 students participated, with a response rate of 74%. Thirty-two (12.2%) of the students were underweight, 143 (54.6%) were normal, 30 (11.5%) were overweight, and 57 (21.8%) were obese. Students perception towards their weight was correct for 159 (65%) of students. Out of the 87 overweight/obese students, 16 (18.4%) perceived their weight as appropriate, 17 (53.1%) of 32 underweight students look at their bodies as normal, while 29 (20.4%) of normal weight students perceive themselves as overweight. Obese students exercise less both in frequency and duration

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Management of obesity in adolescence: Role of diet and lifestyle intervention

Sunita Mishra<sup>1</sup> and M.A. Firdaus

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Complementary feeding knowledge, practice, dietary diversity and associated factors among mothers of children 6-23 months in Guto Gida District, Oromia, Ethiopia.

Tamene Daba Rumicha Wollega University, Ethiopia

diversity and associated factors among mothers of children 6-23 months of age in Guto Gida District, Oromia, Ethiopia. Community based cross sectional study

The result of this study revealed that about one-third (33.7%) of the mothers had poor knowledge toward complementary foods. Besides to this, nearly half (47.8%) of the mothers had poor practices toward complementary feeding. Furthermore, the majority (72.7%) of the mothers had fed their children < 4 food groups whereas only 27.3% of the mothers had given 4 food groups. The overall findings were indicative of the problems of mothers' knowledge and feeding

#### **Biography**

Tamene Daba Rumicha is a researcher and lecturer in Wollega University, college of agriculture. He has an experience in laboratory works, feld researches and community services in different areas of the rural society.

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#### Nutrient intakes among Jordanian adolescents based on gender and Body Mass Index

Thanaa Jaraedah Clinical Nutrition and Dietetic, Jordan

intake to the Dietary Recommended Intakes (DRIs).

A sample of 398 male and female adolescents, aged 14-18 years, was recruited from private and public schools using convenience sampling. Socio-demographic questionnaire and 3-days food record were self-reported. Bodyweight and height were measured and body mass index (BMI) was calculated for all participants. Results: There were no significant differences between male and female adolescents regarding the intake of micro and macronutrients ex

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#### Obesogenic behaviour and binge eating disorder in an elderly female with Schizophrenia

Vishnupriya

Eating disorders like binge eating have a strong connection with schizophrenia. Problems like disordered eating, cognition and abnormal behaviour in Schizophrenia can itself precipitate eating disorders. Altering the obesogenic behaviours by adapting healthy eating habits is efective in reducing the binging episodes. Previous

#### **Biography**

Vishnupriya completed her MD Psychiatry from the prestigious Madras Medical College, Chennai in 2018 and fnished her Diplomate in National Board from National Board of Examinations, NBE in 2019. Following the completion of her MD, she worked for 3 yrs. in a private medical college as an Assistant Professor and