

14th Euro-Global Gastroenterology Conference

July 08-09, 2019 | Zurich, Switzerland

Yoga for the Gut

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3. Goodwin RD, Cowles RA, Galea S, Jacobi F. Gastritis and mental disorders. *J Psychiatr Res* 2013; 47:128. Yoga therapy for Abdominal Pain-Related Functional Gastrointestinal Disorders in Children: A Randomized Controlled Trial. Korterink JJ1, Ockeloen LE, Hilbink M, Benninga MA, Deckers-Kocken JM.
4. Skowronek I, Handler L, Guthmann R. Can yoga reduce symptoms of anxiety and depression? *J Fam Pract* 2014; 63:398–407.
5. Effect of Yoga-Based Intervention in Patients with Inflammatory Bowel Disease. Sharma P1, Poojary G2, Dwivedi SN3, Deepak KK4.

Biography

keen interest in pursuing a Gastroenterology fellowship in the near future and dedicates a significant amount of her time outside of teaching responsibilities on

Notes: