



Variables

For each patient, the analytic data set contained the following information: unique identification number, dates of enrollment and disenrollment, dental insurance payer type information (the maximum amount contractually allowed and that an insurer will pay for the procedure or the amount paid by the insurer).

Children and adolescents aged 6 to 18 who had received root canal therapy on a permanent tooth were included in our study. The first root canal treatment that was observed on a patient in the cohort for a specific tooth is referred to as an “initial.” The American Dental Association’s codes for the endodontic treatment procedures that were set up for analysis were identified using Current Dental Terminology (CDT). Additionally, an adverse event after initial root canal therapy was identified using CDT codes. Nonsurgical endodontic retreatment, surgical endodontic retreatment or apicoectomy, or tooth extraction were all considered adverse events, which indicated that the initial root canal therapy was unsuccessful. The type of provider—individual providers or facilities—was identified using provider specialty codes. Individual suppliers included general (nonspecialist) dental specialists and expert dental specialists [5]. Endodontists, who are experts in the treatment of root canals, pediatric dentists, prosthodontists, periodontists, orthodontists, and oral surgeons were examples of dental specialists. For the purposes of the analyses, individual providers were divided into endodontists and other providers. Clinics, centers, and hospitals were the categories of facilities that included provider specialty codes.

Data analysis

The final data set included all patients who received initial root canal therapy during the study period and had complete payer-type data. At the tooth level, the results of the initial root canal treatment were measured. Patients were excluded from tooth-level analysis if they did not enroll in insurance within one year of receiving treatment or if their treatment records did not include the appropriate tooth number. Chi-square tests and t-tests were used to compare the characteristics of those included in the sample and those excluded due to missing tooth numbers to ensure external validity.

After making adjustments for age, sex, tooth type (anterior, premolar, and molar), and provider type, the association between payer type and initial root canal therapy at the individual level was measured

disparate loss of cases may increase the likelihood of selection bias and limit its generalizability to all Massachusetts children and adolescents [9]. For the tooth-level analysis, we considered solutions to the missing tooth number problem, such as assuming that any subsequent adverse event procedure (such as extraction, endodontic retreatment, or apicoectomy) following the initial root canal therapy was a sign of procedural failure. However, tooth extraction was the most common adverse event observed, and the CDT15 code that identifies this procedure does not include tooth type (anterior, premolar, or molar), as is the case with endodontic treatments. As a result, we were unable to use this less conservative analytical approach in the end. There was an excessive risk that a subsequent, unrelated tooth extraction might be incorrectly associated with the initial root canal therapy without the tooth number. One more element possibly restricting the generalizability of our discoveries is that we have included information from just 1 state, Massachusetts. However, our findings for public-payer Medicaid and CHIP beneficiaries were comparable to those of a New York-based cohort of pediatric Medicaid recipients. A cohort of privately insured children has not yet been the subject of a comparable study, according to our knowledge. Second, as with all studies utilizing dental claims data, the nonclinical nature of the administrative data and the absence of diagnostic codes in dentistry prevented the initial diagnosis for the treated teeth from being established [10]. Because the endodontic diagnosis is known to be associated with the outcomes of endodontic treatment, this is especially relevant to our research. Despite these limitations, the findings of our study shed light on the availability of dental care providers and treatment settings, as well as the prevalence of endodontic treatment, for children covered by public or private dental insurance in the Commonwealth of Massachusetts.

Conclusion

In the state of Massachusetts, there are statistically significant differences in the provision of endodontic treatment and its outcomes between children and adolescents covered by private insurance and those covered by public insurance. Those enrolled in private-payer dental insurance plans had better treatment outcomes, but public-payer beneficiaries were more likely to undergo root canal therapy. This realized disparity may be attributed to differences in treatment settings, provider types, and payment amounts between public and private insurance.

Acknowledgement

None

Conflict of Interest

None

References

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