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workstations, reduce musculoskeletal disorders, and enhance productivity $\left[4\right]$.

 $\ensuremath{\mathrm{d}}.$ Sustainable and green practices: Industrial hygiene is aligning

standards. Moreover, industrial hygiene practices contribute to a positive work culture. When employees feel that their health and safety are prioritized, it boosts morale, job satisfaction, and overall well-being. A safe and healthy work environment fosters trust and loyalty among workers, reducing turnover rates and absenteeism. It also enhances productivity by minimizing disruptions caused by accidents or illnesses [10]. As industries evolve and new technologies emerge, industrial hygiene must adapt to address emerging trends and challenges. For example, advancements in sensor technology and data analytics enable more accurate and timely hazard detection and risk assessment. Additionally, there is an increasing recognition of the impact of psychosocial factors, ergonomics, and sustainable practices on worker health and well-being.

Conclusion

Industrial hygiene is an essential discipline that ensures the health and safety of workers in various industries. By applying the principles of hazard identi cation, risk assessment, exposure control, monitoring, and education, industrial hygienists play a vital role in preventing occupational illnesses and injuries. As the eld continues to evolve, embracing technological advancements and addressing emerging trends will further enhance workplace safety and well-being. Prioritizing industrial hygiene not only protects employees but also contributes to increased productivity, legal compliance, and a positive organizational culture.

Acknowledgement

None

Con ict of Interest

None

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