The growing number of people receiving long-term cancer

It's difficult to recognise this prospective extended cancer be the state of the st

The traditional cancer service delivery model of centres of excellence for therapy and longer-term follow-up at regional centres is being questioned. Despite the fact that secondary services in the UK are generally focused on diagnosis and treatment, survivors have more inpatient episodes in the first year of care, as well as greater hospital activity 1–5 years following diagnosis, than individuals without cancer. Economic restrictions are putting more pressure on service providers, and the need for cost-effective and efficient services has put a strain on secondary care for cancer survivors, highlighting the need for

novel follow-up care models. Despite rising secondary care utilisation, a clear shift to primary care provider models of cancer services and commissioning of health and wellbeing methods with an emphasis on chronic illness and multiple morbidity management as well as rehabilitation has occurred. This set of services is known as a cancer recovery or survivor ship package, and it is stratified by risk, such as the chance of an individual acquiring health problems as a result of their diagnosis and treatment, as well as actual and potential needs.

The survivorship package includes a comprehensive needs assessment, treatment summary and care plan, cancer care review, and health and wellness clinics that include physical exercise, education, information, and financial assistance. Understanding the complexities of cancer's impacts and treatment necessitates knowledge of risk assessment, early diagnosis of late effects, health promotion, and complex therapies [3-5].

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