



Introduction

Palliative care is an essential component of healthcare, focusing on enhancing the quality of life for patients with life-limiting illnesses and their families. Healthcare professionals working in palliative care settings face unique challenges that can lead to moral distress, a phenomenon that occurs when they perceive a misalignment between their moral values and the care they provide [1]. Recognizing the importance of understanding moral distress in palliative care, a group of researchers in Brazil has adapted and validated the Measure of Moral Distress for Healthcare Professionals (MMD-HP BR) to assess moral distress in the Brazilian context.

This article explores the adaptation and validation process of MMD-HP BR and its significance in the field of palliative care in Brazil.

Understanding moral distress in palliative care

Moral distress is a complex and often distressing emotional response experienced by healthcare professionals when they encounter

References

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