



Age-related Deossification and its Impact on Bone Health

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Abstract

Age-related deossification, commonly known as osteoporosis, is a prevalent condition characterized by a reduction in bone mass and deterioration of bone tissue, leading to increased fragility and risk of fractures. This article aims to explore the mechanisms of age-related deossification, its impact on bone health, and the clinical implications. Through a comprehensive review of current literature and analysis of recent studies, we will discuss the physiological changes in bone composition with age, the risk factors, diagnostic methods, and potential treatments. Our findings emphasize the importance of early detection and proactive management to mitigate the adverse effects on bone health.

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ade a e in ake of calci m and i a min D i e en ial fo main aini
bone den i and p o mo in bone heal h. die ha e demon a ed
ha die a pple men a ion i h he e n ien can p e en f he