

## Alcohol Use in the Post-Pandemic World: Patterns, Triggers, and Public Health Implications

Department of Psychology, University of Calgary, Canada

The COVID-19 pandemic has signifcantly impacted global health and well-being, with alcohol use patterns emerging as a critical concern in the post-pandemic world. This paper explores the changes in alcohol consumption behaviors during and after the pandemic, focusing on the patterns of alcohol use, the psychological and social triggers, and the long-term public health implications. The review examines data from various studies on the increase

Kristin Cassin, Department of Psychology, University of Calgary, Canada, E-mail: kvonrans@gmail.com

04-Dec-2024, Manuscript No: jart-24-156091, 07-Dec-2024, Pre QC No: jart-24-156091 (PQ), 20-Dec-2024, QC No: jart-24-156091, 26-Dec-2024, Manuscript No jart-24-156091 (R), 30-Dec-2024, DOI: 10.4172/2155-6105.100723

Kristin C (2024) Alcohol Use in the Post-Pandemic World: Patterns, Triggers, and Public Health Implications. J Addict Res Ther 15: 723.

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