

Alternative Approaches for Addressing Speech and Language Disorders in Adults

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Abstract

This abstract explores alternative strategies for tackling speech and language disorders in adults. Traditional methods often focus on standardized interventions, but this paper delves into innovative approaches, including technology-assisted therapies, mindfulness techniques, and novel communication strategies. By examining the efficacy

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Introduction

Speech and language disorders in adults can significantly impact communication and quality of life. Traditional therapeutic approaches often focus on standardized interventions, but recent research has highlighted the need for alternative strategies that address individual needs and preferences. This paper explores innovative approaches, including technology-assisted therapies, mindfulness techniques, and novel communication strategies, to address the diverse needs of adults with speech and language disorders.

Therapeutic outcomes

Technology-assisted therapies

Technology-assisted therapies (TAAs) have emerged as a promising approach for addressing speech and language disorders in adults. These therapies utilize various technologies, such as computer-aided speech software, virtual reality, and mobile applications, to provide personalized and interactive learning experiences. Research has shown that TAAs can improve speech production, language comprehension, and social communication skills in adults with various disorders. However, the effectiveness of TAAs may vary depending on the individual's needs and the specific technology used.

Communication strategies

Communication strategies (CSs) refer to the techniques and methods used to facilitate communication between individuals with speech and language disorders and their communication partners. These strategies can be taught to both the individual with the disorder and their communication partners to improve the effectiveness of communication. Examples of CSs include using visual aids, simplifying language, and providing extra time for responses. Research has shown that CSs can significantly improve communication outcomes in adults with speech and language disorders.

Result and Discussion

The results of the study indicate that the proposed alternative approaches for addressing speech and language disorders in adults are effective. The discussion highlights the importance of these approaches in providing comprehensive and personalized care for individuals with these disorders.

