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Keywords:

Introduction

Informed consent and ethical clearance

Data collection

Nutrition consumption rate and level of chromium and zinc

Chromium: Tr 2 i . Tr l - 2 i (- 0. 11) (l).

Zinc: Tr l - 2 i (- 0. 0) (l).

Protein: Tr l - 2 i . Tr l - 2 i (- 0.0) (l).

Vitamin C: l - l (- 0. 2) (l). B , i 2 i .

Fiber: Tr 2 i . l - l 2 i (- 0.) (l).

Serum chromium level: Tr l - l 2 i (- 0.201) (l). B , i ll i l 2 i .

Serum zinc level: ll l 2 i . l - l 2 i (- 0. 1) (l).

Discussion

Characteristics of Respondents

Age: Tr j 2 i 0 l (l 1). Tr i 6 l i 0. % i - i 0 . l i 201 l i .

Zinc:

Protein:

Vitamin C:

Fiber:

Serum level of chromium and zinc

Serum chromium level:

Serum zinc level:

Conclusion

1. IDF (2012) Global Guideline for Type 2 Diabetes. Brussel, Belgium.1.1.