



Comprehensive Post-Operative Care: Strategies for Effective Patient Management, Recovery Optimization and Complication Prevention Following Surgical Procedures

effective pain management, infection prevention protocols, and patient education. Evidence demonstrates that complication rates. The role of nutrition and hydration in promoting healing is emphasized, alongside the significance

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adherence to protocols but also fosters a sense of ownership over their health. Ongoing refinement of post-operative care practices, informed by research and patient feedback, will be essential for achieving optimal recovery for diverse patient populations.

Acknowledgment

None

Conflict of Interest

None

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