

## Introduction

ME A I  
I ME A  
I ME A

## Epidemiology of Diet-Related Diseases in the Mena

ME A I  
2  
25% (E)  
3

## Materials and Methods

5 I H ( 25/  
HFC 25% E  
HFC 0,  
10, 17.5, 25% E,  
48  
25% E HFC ( 16/ ) 4  
I

XX

LDL-C (0.044), HFC  
LDL (0.0024),  
-HDL-C (0.0007), (0.025), LDL-C (0.014)

Gender

A, G, -HDL-C, LDL-C  
LDL, -HDL-C, LDL-C

Disc ssion

LDL, -HDL-C, AI  
25% E HFC, I  
G  
G  
G  
G  
I  
HFC 24- G  
4 6  
G

Ackno ledgement

Conflict of Interest

References

1. Das G, Shin HS, Leyva-Gómez G, Prado-Audelo MLD, Cortes H, et al. (2021) A Review on Its Immune-Stimulatory and Other Biological Potentials immune-Stimulatory and Other Biological Potentials. Front Pharmacol 18-11.
2. Tareq A, Abdur R, Ahmed K, Ahmed O , Ahood K , et al. (2020) Nutritional and health beneficial properties of safron ( **Crocus sativus L**): a comprehensive review. Crit Rev Food Sci Nutr 1-24.
3. Ravi SK, Narasingappa RB, Mundagaru R, Girish TK, Vincent B (2020) Cassia tora extract alleviates A 1-42 aggregation processes in vitro and protects against aluminum-induced neurotoxicity. J Alzheimers Dis 70:590-604. doi:10.1002/alz.12890