

# Continuance Group Intervention Protocol (CGIP) for a Unique Intervention

Ofr Levi \*, Yael Shoval-Zukerman

<sup>3</sup>Uqekcn"Yqtm" Fgrctv o gpv."Twr rkp"Cecfg o ke"Egpn"

*The Objective of this article was to describe in detail the protocol of continuance*



**Keywords:** Early intervention, A , A M #

## INTRODUCTION

Rquvteco cvke"vutguu" fkuqtfgt"RVUF+"hqmny kpi"eq o dcv"gzrquwtg" ku"cuuqekcvgf" ykvj" rqq"hwpevkqkpi"cpf"qv jgt"cf lwuv o gpv" fkhLewvku" cpf" kpetgcugf" jgcnpj" ectg" wknk|cvkqp" \*I tggpg" gv" cn0." 4238+0" Kp" tgegpv" {gctu." eqpegtvgf" ghqtvu" jcxg" dggp" kpxguvgf" kp" fgxgnrkpi" ru{ejqni kecn" kpvgtxgpkqpu" vq" okpkok|g" dqvj" vjg" tkumu"qh"nqpi /vgt o" ru{ejqni kecn" o qtdkfv" {"kp" i gpgtcn"cpf"RVUF"kp" rctvkewct" hqmny kpi" gzrquwtg"vq"eq o dcv"Uq o g" kpvgtxgpkqpu" jcxg" dggp" eqpfwevgf" kp"vjg" cevwg" r jcuq" qh" eq o dcv" ukwvcvkqpu." uwej" cu" \$etkvecn" kpekfgpv" vutguu" fgdtkLpi\$\*EKUF+\*Okvej gm." 3; :5+/" y jkej"ku" fgukipgf" hqt" i tqwru" cpf"vjgthgt"mpqy p"cuuq"cu"\$ I tqwr"ru{ejqni kecn"fgdtkLpi\$\* IRF+ /cpf"ku"eq o o qpn{"wugf"kp"etkuku"ukwvcvkqpu"

I tqwr" ru{ejqni kecn" fgdtkLpi" \*IRF+" ctg" eqpfwevgf" o quvn{" fwtkpi"vjg"cewv" r jcuq"chvgt"gzrquwtg"vq"vjg"eq o dcv"ukwvcvkqpu" Cewv" Uvtguu" Tgcevqk" \*CUT+" cpf" Cewv" Uvtguu" Fkuqtfgt" \*CUF+0" Vjg{" ctg" fgukipgf" vq" okpkok|g" vjg" pgicvkxg" ghgevu" qh" rqvqpkcmn{" vteco cvke" gxgpv" ykvj" gxfgpeg" uwr rqtvkpi" ku" eqpvkpwgf" wug" \*Nkv| "gv"cn0." 4224+0" Tgugctejgtu" y jq" jcxg" cuuguugf" vjg" ghLece{" qh" vjku" vgejpkswg" ykvj" oknkvct{" rgtuqppgn" jcxg" hqwpf" kv" vq" dg" ghgevkxg" ykvj" kpvcev" i tqwru=" vjku" ghgevkxg" gvu" o c{" dg" fvg" vq" vjg" hcev" vjcv" kpvct" i tqwr" r tgeguu" ctg" mpqy p" vq" kpwpeg" kpfkxfwcn" y gm/ dgkpi" cpf" dgecwug" i tqwr" fgdtkLpi" ku" eqpvkpwgf" ykvj" vjg" oknkvct{" vtcfvkqp" qh" chvgt/cevqk" tgxy yu" \*Cfngt" gv"cn0." 4233+0" Pgxgtv jnguu." RF" cpf" IRF" ctg" eqpvtxgtukcn0" Vjg" ctg" vjqug" y jq" enck o" vjcv" vjg" o gpvcn" tgecevqk" k o g fkcvgn{" chvgt" gzrquwtg" vq" c" vteco cvke" gxgpv" ku" pcwctn." cpf" r tqhguukqpcnu" ujqwnf" ceeq o rcp{" vjg" xkev o u" cu" uqpp" cu" vjg" eq o dcv" ukwvcvkqpu" gpfu" kp" qtfgt" vq" jgnr" vjg o" dtgeqppgev" vq" vjgt" pcwctn" r qygtu" wvkn" vjg{" tgi ckp" vjgt" o gpvcn" dcnpegl" Qv jgtu" enck o" vjcv" gzrquwtg" vq" c" vteco cvke" gxgpv" ecwugu" fktwrvkqp" qh" vjg" o gpvcn" dcnpegl" cpf" vjcv" fktgev" kpvgtxgpkqpu" qh" c" o g fkcvkpi" hcevqt" ku" pgeguuct{" kp" qtfgt" c v a o

vjg"vutqpi" tgeq o o gpfcvkqp" pqv" vq" wug" RF" hqt" rgqrng" ygtg" tgegpv{" gzrqugf" vq" c" vteco cvke" gxgpv0"

J qy gxtg." dcugf" qp" tgugetejgtu" y jq" jcxg" cuuguugf" vjg" ghLece{" qh" RF" ykvj" oknkvct{" rgtuqppgn" cpf" qh" vjg" citgg o gpv" cetquu" vjg" kutcgn" Fghgpug" Hqtegu" \*KFH+" vjcv" c" eq o dcv" gxgpv" ku" c" uwffgp" cpf" wpgzrgevfg" gxgpv." vjg" fgrctv o gpv" qh" o gpvcn" jgcnpj" \*FOJ+" qh" vjg" KFH" fgekfgf" vq" fgxgnqr" rtgxgpkxg" rtqvcequ" vq" dg" wugf" d{" eq o o cpfgtu" cpf" r tqhguukqpcnu" ykvj" vjg" pcwctn" uwr rqtv" i tqwr" cpf" ykvj" vjg" xkev o" jk o ugnh0" Vjgug" r tqvcequ" ctg" dcugf" qp" wpfgrkppkpi" vjgqtkvecn" cuuw o rvkqpu" qh" EKUF" \*Okvej gm." 3; :5=" Tcr jcg." 3; 99+" cpf" vjg{" kpenwfg" qpg" i wfkngkp" dRtqegfwtg" qh" Vgc o" Vcmm" Chvgt" cp" Gxgpv0" \*Mpqdngt" gv" cn0." 4229+." cpf" qpg" rtqvceqn" \$Eqpvkpwcepg" I tqwr" kpvgtxgpkqpu\$ \*EIK+\*Cwvjt." 4229+." y jkej" ku" eqpvkpwqu" vq" \$Rtqegfwtg" qh" Vgc o" Vcmm" Chvgt" cp" Gxgpv0"

Kp" vjku" uvwf{" vjgtg" ctg" vyq" ckou<" c+" vq" fguetkdg" kp" fgvcn" vjg" r tqvceqn" eqpvkpwcepg" i tqwr" kpvgtxgpkqpu" \*EIK+" y jkej" ku" eqpvkpwqu" vq" dRtqegfwtg" qh" Vgc o" Vcmm" chvgt" cp" Gxgpv0" d+ vq" rtgugpv" i gpgtcn" ghLece{" qh" EIK" dcugf" qp" kpvgtxgpkqpu" vjcv" ygtg" fqqe" d{" vjg" KFH" ykvj" tguetxg" wkvu" vjcv" hqvi jv" kp" vjg" 4228" Ngdcpq" Yct0" Vjg" j{ rqv jguku" y cu" vjcv" uqnfkgtu" y jq" vqmn" rctv" kp" vjg" EIK" y qwnf" ujqy" ngu" u{ o rvq o u" qh" RVUF" cpf" fgrtguukqpu. chvgt" c" vteco cvke" kpekfgpv." cu" y gm" cu" o qtg" k o r tqxg o gpv" kp" hwpevkqkpi 0"

"qh"

DVSHFWRIWHHSHULHEHVRIRVHLOROYHGLHHHYHJUHUYHLH  
DVBOODVWHLUHDFAWQKLVHYHGHVHVVLRLQKRQGDNHSO  
ZWLBRHQDVIDIWKHVDWDRDWFHYHQODVWDERWUHH  
KRNVKLVPRGHOIRFXHVRVHLGLYLGLBODQKLVUHDFAWQDGRW

\*Correspondence regarding this article should be directed to: qLtnxkrjfb i ocknleq o

fltgev" eq o ocpfgt" cu" ygm" cu" c" vjgtrkuv0" Ceeqtfkpin{. " c" fxxkukqp"  
ycu" ocfg" ykvjkp" tqwpfu" cpf" dgvyggp" tqwpfu." y jqug" iqcn" ycu" vq"  
fgŁpg" vjg" vjkipu" vjcv" vjg" eq o ocpfgt" eq o owpkcevgu" cu" qrrqugf"  
vq" yjcv" vjg" rtqhgukqpcn" eq o owpkcevgu0" Vjku" ycu" rgthqtogf"  
qww" qh" vjg" wpgtuvcpfkpi" vjcv" egtvckp" rctvu" qh" vjg" rtqvceqn" vjcv"  
vjg" eq o ocpfgt" yknn" uc{ " yknn" uvtgpi vjgp" jku" ngcfgtujkr" cpf" yknn"  
gp \_ Ovj § Ø eq o c

eq o r cvkdnq" y kvj"vjg"kpvgtxgpkqp" i qcnul" Hwtvjgt o qtg."kv"ecp"dg"uggp"  
vjcv"vjg"nqp iguv"vko g"rgtkqf" y cu"fgxqvgf"vq"vjg"ugeqpf"tqwpf." y jkej"  
eq o rtkugu"vjg"hqewu"qh"vjg"kpvgtxgpkqp." y jkej"ku."qh"eqwtug."dcugf"qp"





gpcdngu"cp"kpvkcn"uguukqp"hqt"o"rqrwncvkap."vjc"jcu"hqt"vjg"o quv"rctv."  
paxgt"dggp"vtgcvgf"d{"o gpvcn"jgcnvj"vjgtrkuvu0"

Tgictfkpi"vjg"ugeqpf"cko"qh"vjku"rcrgt."vjg"Łpfkpiu"kpfkcevgf"  
vjcv"tgutxgu"uqnfgtu"yjq"jcf"rctvkekrcvgf"kp"vjg"kpvtxgpkqp"  
ujqygf"tgfwekqp"kp"RVUF"cpf"fgtrguukqp"\*OCFTU+u{o rvqou"cpf"  
gpjcpekp"hwpevkpki0"Vjg"kpvtxgpkqp"ftqr/qww"tcvg"ycu"69 ' "kp"vjg"  
hqmqy"wr"rjcug"cpf"ykvjqww"ftqr/qww"kp"vjg"gpf"qh"vjg"kpvtxgpkqp0"Kv"  
uggou"vjcv"vjg"ujqtv"fwtcvkqp"qh"vjg"kpvtxgpkqp"cpf"hqewu"iqcnu"jcxg"  
eqpvtkdwvgf"vq"vjg"pq"ftqr/qww"tcvg"cv"vjg"ugeqpf"rjcug0"kp"vgtou"qh"  
vjg"tgfwekqp"kp"vjg"rquv/vtcw"ocvke"uvtguu"cpf"fgtrguukqp"u{o rvqou."  
vjg"tguwnvu"ctg"eqpukvcpv"ykvj"qvjgt"tguwnvu"tgncvki"vq"vjg"ghŁece{"  
qh"g"ornq{kpi"ru{ejqni"kecn"kpvtxgpkqp"u"ht"rquv/vtcw"oc"ecuwcnkgu"  
\*Gkf"gv"cn0."4223+0"Cu"yg"ogpvpqpf"cdqxcg."vjg"enkpkcn"cpf"tgugcte"j"  
nkvtcvtwtg"rtgugpvu"eqpvtqxtukcn"qrkpkpu"cu"vq"vjg"ghhgevkxgpguu"qh"  
fgdtkŁpi0"Vguk"oqpkgu"jcxg"ujqyp"vjcv"fgurkv"qxtg"42" {gctu"qh"  
tgugcte"vjg"ghŁece{"qh"itqwr"ru{ejqni"kecn"fgdtkŁpi"tgockpu"  
wptguqnxgf"\*Cwvjqtu."4233+0"Fwg"vq"vjg"itgcv"xctkpege"dgvyggp"vjg"  
kpxguv"icvgf"kpvtxgpkqp."vjg"fkxgtug"ogcuwtgu."vjg"vk"og"htc"ogu"kp"  
yjkj"vjg"kpvtxgpkqp"ygtg"o"rng"ogpvgf."vjg"vgejpkswgu"o"rnq{gf."  
cpf"fwg"vq"vjg"hev"vjcv"vjg"cwvjqtu"qh"vjgug"yqtmu"fkf"pqv"tgrqtv"qp"  
jqy"vjg"kpvtxgpkqp"ycu"ko"rng"ogpvgf0"Vjgtg"ku"cnuq"itgcv"xctkpege"  
kp"vjg"rtqhuukqpcn"dcemi"tqwpf"qh"vjg"kpvtwevqtu"kp"vjg"kpvtxgpkqp0"

Ujcfkuj."Y0T0."Pcxcttq."C0O0."Ocw."I0G0."( "Rjknkru."I0\*4222+0Vjg'ghhgevu"  
qh"ru{ejqniqkecn"vjgterkgu"wpfgt"enpkkecn{"tgrtgugpvcvkxg"eqpfkvkqpu<"c"  
ogvc/cpcn{uku0"Psychological bulletin."126\*6+."7340

Uwpfkp."L0."Hgct."P0"V0."Kxgtugp."C0."Tqpc."T0" L0." ( " Yguugn{" U0" \*4232+0"  
RVUF" chvgt" fgrnq{ o gpv" vq" Ktes<" Eqp kkevkpi" tcvgu." eqp kkevkpi" enck o ul"  
Psychological medicine."40\*5+."589/5:40

Vcuc." I0C0." ( " I cmqr."T0\*422;+0" Owvknxgn" o qfgnkpi"qh"nqpi kwfipcn" fcvc"  
hqt" ru{ejqvjgtr {" tgugetejgtu<"K0" Vjg' dcukeul" Psychotherapy Research."  
19\*6/7+."64;/6590

Vwemg{" O0" T0" \*4229+0" Kuuwgu" kp" vjg" fgdtkgLpi" fgdcvg" hqt" vjg" g ogtigpe{"

ugtxkegu<" Oqxkpi" tgugetej" qwveq o gu" hqtyctf0" Clinical Psychology:  
Science and Practice."14\*4+."328/3380

Vwemg{" O0" T0." ( "Ueqw."L0"G0\*4236+0" I tqwr"etkvecn"lpekfgpv"uvtguu"fgdtkgLpi"  
ykvj" g ogtigpe{" ugtxkegu" rgtuqppgn<" C" tcpfq ok|gf" eqpvtqngf" vtkcn0"  
Anxiety, Stress & Coping."27