

## 1. Introduction

Essential hypertension (EH) is characterized by an elevated blood pressure and reliable diastolic pressure of 95 mmHg or higher on a regular basis (e.g., 3000 ml/day for an individual of 60 kg) over a long period, barring any reversible causes. It has normally been defined in patients with hypertension range of 160/95 to 200/120, and has been named polygenic hypertension [1]. The heritability of essential hypertension and the normal origin of the disease have been the subject of many studies, and the inheritance of hypertension is a complex one. The inheritance of hypertension is a complex one. The inheritance of hypertension is a complex one. The inheritance of hypertension is a complex one.

The main differential diagnosis for primary hypertension is diabetes mellitus (DM). The diagnosis method has been established by the indirect calorimetry (IC), which is an indirect measurement of heat production (A) and is combined with the administration of deuterium. The differential diagnosis of primary hypertension from diabetes mellitus and other differential diagnoses is not difficult. However, the radiological examination is not sufficient. The method has been recommended and are being considered as the standard for the diagnosis of essential hypertension. The method has been recommended as the standard for the diagnosis of essential hypertension. The method has been recommended as the standard for the diagnosis of essential hypertension.

Regarding the treatment of hypertension, there is no one particular treatment recommended. The treatment of hypertension is a complex one. The treatment of hypertension is a complex one. The treatment of hypertension is a complex one. The treatment of hypertension is a complex one.

The differential diagnosis of essential hypertension (EH) are essential hypertension (EH) and polygenic hypertension (D). While both are characterized by an elevated blood pressure, the essential hypertension is characterized by a normal renal function (normal D) or a normal renal function (normal D). The differential diagnosis of essential hypertension (EH) are essential hypertension (EH) and polygenic hypertension (D). The differential diagnosis of essential hypertension (EH) are essential hypertension (EH) and polygenic hypertension (D).