v q " v j k u" uv w f { . " tgiw nct" f k ugcug/ gf w ecv k q p" ngev

f grtguuk q p" gz rgtk gpegf " d{ " cuv j oc" rcv k gpv u0

Statistical Method

is statistical analysis made use of categorical variable statistics. e chi-square test was performed to assess statistical signi cance, and the categorical variables were presented as percentages. e binary logistic regression analysis was carried out in order to assess the outcomes of the chi-square test p 0.05 in categorical variables. Model calibration and discrimination were evaluated using the Hosmer-Lemeshow goodness-of- t statistic. On all sides, P = 0.05 was determined to be statistically signi cant. ese statistical tools, which included "questionnaire star" and SPSS v25.0 (IBM), were used to collect statistical data.

Discussion

Asthma has been connected to psychiatric symptoms and mental health issues as a chronic heterogeneous condition. ere is strong evidence to suggest that people with asthma have a lower quality of life and more frequent mental health issues. Asthma symptoms can have negative impacts, including emotional diseases like anxiety and melancholy. Anxiety and depression in asthma are caused by a wide variety of pathophysiological causes. Patients with asthma always