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Introduction

The impact of herbal drugs on the Central Nervous System (CNS) has been a subject of profound interest and investigation, drawing from centuries of traditional medicinal knowledge and increasingly gaining attention in modern scientific research. Herbal remedies, derived from various plant sources, have long been recognized for their potential to enhance neurological function, offering a diverse array of effects ranging from neuroprotection and mood modulation to cognitive

Conclusion

In conclusion, the exploration of herbal drugs and their impact on the CNS bridges ancient traditions with modern science, offering a dynamic landscape of potential therapeutic benefits. As research endeavours continue to uncover the intricacies of these interactions, the impact of herbal drugs on the CNS holds promise for novel interventions, preventive strategies, and holistic approaches to mental health and well-being.

References

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