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Vishakha Shewale *

Vellore Institute of Technology, Vellore

Childhood obesity is a major public health challenge of the 21st century, with lifelong health consequences.

The Objectives are: (1) to assess the effect of the child's knowledge of food, and food preferences on the child's body mass index (BMI). (2) to investigate the relationship between the child's BMI and the mother's nutritional knowledge and attitude towards healthy food.

Data gathering was carried out from November 2017 to