

Effect on Acid Reflux Symptoms Occurring during Sleep of an Oral Adhering Disc Containing only Food Ingredients

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Abstract

The aim of this double-blinded, randomized, controlled study was to determine if OraCoat XyliMelts, an over the counter, dissolvable, adhering disc used to reduce excessive day time or night time dry mouth by increasing salivation, would also reduce reflux and heartburn symptoms occurring during sleep among subjects suffering from both disc us.ugeadN

contents that reach the mouth during repeated GERD episodes,

For the gel treatment, there was a statistically significant difference (p < 0.001) with a 92% reduction in the odds of reporting hoarseness between the two treatments was not statistically significant (p=0.41) (Figure 3).

Antacid use

Using a matched-pairs T-test, for the disc treatment, a mean of 60% fewer antacids were used compared to baseline (average 11 fewer used

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